



# Intuitive Journaling

Video 1 - Let's Get Clear  
Additional questions for your journal

1. How do I feel today?
2. To heal a little of my emotion today in a way that keeps me balanced, my Soul says I need to.....
3. To receive a little more peace in my being today my Spirit says.....
4. I want to connect with my writing today, yet I sense a level of resistance rising to the surface. Please share with me where this is coming from.



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